

Sofia Mah

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Bilingual English/French: Diplôme d' Études en Langue Française (DELF); Level B2

EDUCATION

- 2023-2025 Master of Arts in Psychology, Concentration in Developmental Psychology
- 2019-2023 Bachelor of Arts Honours in Psychology with High Distinction: Concentration in Developmental Psychology; Minor in Neuroscience and Mental Health

THESIS

- M.A. Extended-Self Conversation Outcomes on Preschoolers' Saving Performance
- B.A. Caregiver and Child Level Characteristics in Relation to Perceptions of Acceptability: Secret Agent Society Small Group (SAS:SG) Intervention for Autistic Children

RESEARCH AND PROFESSIONAL EXPERIENCE

Research Experience, Carleton University

- 2023-2025 Research Assistant with Dr. Deepthi Kamawar: Future-oriented and temporal cognition in preschool-age children
- 2022-2023 Research Assistant with Dr. Stefania Maggi: MOCHI youth-led climate change resilience campaign, co-lead focus groups on mindfulness and nature connection
- 2022 Students as Partners Program (SaPP) with Dr. Vivian Lee: co- designing PSYC 3509 Adolescence and Emerging Adulthood
- 2022-2023 Research Assistant with Dr. Vivian Lee: Secret Agent Society (SAS) Cognitive Behaviour Therapy (CBT) based intervention for youth on the autism spectrum
- 2021-2022 Internship-Carleton University Research Experience for Undergraduate Students (I-CUREUS) with Dr. Vivian Lee: Secret Agent Society (SAS) Cognitive Behaviour Therapy (CBT) based intervention for youth on the autism spectrum
- 2021 Volunteer Research Assistant with Dr. Argel Aguilar-Valles: Genotyping mice strains for transgene mutations and executing mice stressors to evaluate depressive symptoms

Statistical Analysis and Software

Study Design Qualtrics

Data Analysis SPSS, R Studio

Others Microsoft Suite (Excel, Word, PowerPoint), TeamGantt

Professional Experience

- 2025-Present Psychologist Assistant, Child in Mind Psychology Clinic
- 2025-Present Reading Intervention Specialist, Child in Mind Psychology Clinic
- 2025-Present CLaSSI Lab Manager, Carleton University
- 2021-2023 Tutor, Paul Menton Centre (PMC) Disability Services, Carleton University
- 2019-2021 Chef, Culinary Instructor, Server, and Hostess for catering and events, Urban Element Culinary Enterprise

Statistical Analysis and Software

- Study Design Qualtrics
- Data Analysis SPSS, R Studio
- Others Microsoft Suite (Excel, Word, PowerPoint), TeamGantt

Research and Professional Training

- 2024 Equity, Diversity, and Inclusion (EDI) Training
- 2024 Supporting Students in Distress
- 2023 TA Basics
- 2023 Plagiarism and AI: Philosophy, Challenges, and Patterns
- 2022 Accessibility for Ontarians with Disabilities Act (AODA) Customer Service Standards
- 2022 AODA Employment Standards
- 2022 AODA Information and Communications
- 2022 Worker Health and Safety Awareness Certification
- 2022 Respect and Safety Certification
- 2022 Standard First Aid with CPR-C
- 2021 Lab Safety
- 2021 Workplace Hazardous Material Information System (WHMIS)
- 2021 Canadian Council on Animal Care (CCAC)
- 2021 Animal Care and Veterinary Service (ACVS)

AWARDS AND SCHOLARSHIPS

Internal awards

- 2023-2025 Scholarship Departmental, Carleton University, \$8000
- 2024 Graduate Scholarship, Carleton University, \$2000
- 2023-2024 P. D. McCormack Fund Masters, Carleton University, \$4000
- 2023-2024 Domestic Entrance Masters, Carleton University, \$2000
- 2022 Claude Bissell Scholarship, Carleton University, \$2000
- 2021 A. Davidson Dunton Scholarship, Carleton University, \$2000
- 2020 J. Lorne Gray Scholarship, Carleton University, \$2000
- 2019-2023 Entrance Scholarship, Carleton University, \$2000/year
- 2019-2024 Dean's List in Faculty of Arts, Carleton University
- 2019 Bachelor of Arts Entrance Award, Carleton University, \$1000

TEACHING EXPERIENCE

- 2024-2025 Teaching Assistant, PSYC 3506, Cognitive Development
2023 Teaching Assistant, PSYC 2500, Developmental Psychology
2023 Teaching Assistant, PSYC 4235, Psychology of Climate Change
2022 Teaching Assistant, PSYC 2100, Introduction to Social Psychology

PROFESSIONAL ASSOCIATION MEMBERSHIPS

- 2024-2025 Society for Research in Child Development
2024-2025 Canadian Psychological Association

CONFERENCE PRESENTATIONS

- 2025 Doucet, E., **Mah, S.**, Smith, B., Oladipo, T., Parsons, K., Rigg, V., Kamawar, D. (2025, May 1-3). Young Children's Prospective Memory, Inhibitory Control, and Theory of Mind. Poster presented at Society for Research in Child Development (SRCD) Conference, Minneapolis, MN, USA.
- 2025 Smith, B., Doucet, E., **Mah, S.**, Dass, R., Ziani-Bey, H., Parsons, K., Rigg, V., & Kamawar, D. (2025, May 1-3). Understanding Time: Investigating Preschoolers' Temporal Cognition. [Poster presentation]. Society for Research in Child Development (SRCD) Conference, Minneapolis, MN, USA.
- 2024 Doucet, E., Parsons, K., Rigg, V., Okigbo, C., Spoerel Connelly, A., Jajo-Yacoub, K., **Mah, S.**, & Clinch, C. (2024, June 21-23). Saving for the Future: How an Online Saving Task for Young Children Compares to In Person Tasks [Poster presentation]. Canadian Psychological Association, Ottawa, ON, Canada
- 2023 **Mah, S.** & Lee, V. (2023, April 13). Caregiver and Child Level Characteristics in Relation to Perceptions of Acceptability: Secret Agent Society Small Group (SAS:SG) Intervention for Autistic Children [Poster presentation]. 2022-2023 Carleton University Psychology Undergraduate Research Event (PURE) Conference
- 2022 **Mah, S.** & Lee, V. (2022, April 5). Secret Agent Society Proof of Concept Community Evaluation [Poster presentation]. 2021- 2022 Internship-Carleton University Research Experience for Undergraduate Students (I-CUREUS) Conference

GUEST PRESENTATIONS

- 2025 (2025, July 15) Research on Young Children's Saving. [Invited guest presentation]. Federal Consumer Agency of Canada (FCAC), Ottawa, ON, Canada