

CURRICULUM VITAE

Sofia Mah

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Bilingual English/French: Diplôme d' Études en Langue Française (DELF); Level B2

EDUCATION

2019-2023 Bachelor of Arts Honours in Psychology with High Distinction:
Concentration in Developmental Psychology; Minor in Neuroscience
and Mental Health

2023-Present Master of Arts Psychology

THESIS

B.A. Caregiver and Child Level Characteristics in Relation to Perceptions
of Acceptability: Secret Agent Society Small Group (SAS:SG)
Intervention for Autistic Children

AWARDS AND SCHOLARSHIPS

Internal awards:

2023-2025 Research Assistant, Carleton University, \$6000
2023-2025 Scholarship Departmental, Carleton University, \$2000
2024-2025 Scholarship Departmental, Carleton University, \$4000
2023-2024 Scholarship Departmental, Carleton University, \$1000
2023-2024 P. D. McCormack Fund Master's, Carleton University, \$4000
2023-2024 Domestic Entrance Master's, Carleton University, \$2000
2019-2023 Entrance Scholarship, Carleton University, \$2000/year
2019-2024 Dean's List in Faculty of Arts, Carleton University
2019 Bachelor of Arts Entrance Award, Carleton University, \$1000

TEACHING EXPERIENCE

2024-2025 Teaching Assistant, PSYC 3506, Cognitive Development
2023 Teaching Assistant, PSYC 4235, Psychology of Climate Change
2022 Teaching Assistant, PSYC 2100, Introduction to Social Psychology

RESEARCH AND PROFESSIONAL EXPERIENCE

Research Experience, Carleton University

2024-Present Research Assistant with Dr. Deepthi Kamawar: future-oriented
and temporal cognition in preschool-age children

2022-2023 Research Assistant with Dr. Stefania Maggi: MOCHI youth-led
climate change resilience campaign with mindfulness and nature
connection

2022 Students as Partners Program (SaPP) with Dr. Vivian Lee: co-
designing PSYC 3509 Adolescence and Emerging Adulthood

2022 Research Assistant with Dr. Vivian Lee: Secret Agent Society
(SAS) Cognitive Behaviour Therapy (CBT) based intervention
for youth on the autism spectrum

- 2021-2022 Internship-Carleton University Research Experience for Undergraduate Students (I-CUREUS) with Dr. Vivian Lee: SecretAgent Society (SAS) cognitive behaviour therapy (CBT) based intervention for youth on the autism spectrum
- 2021 Volunteer Research Assistant with Dr. Argel Aguilar-Valles: genotyping mice strains for transgene mutations and executing mice stressors to evaluate depressive symptoms

Research Training

- 2022 Accessibility for Ontarians with Disabilities Act (AODA) Customer Service Standards
- 2022 AODA Employment Standards
- 2022 AODA Information and Communications
- 2021 Lab Safety
- 2021 Workplace Hazardous Material Information System (WHMIS)
- 2021 Canadian Council on Animal Care (CCAC)
- 2021 Animal Care and Veterinary Service (ACVS)

Professional Experience

- 2021-2023 Tutor, Paul Menton Centre (PMC) Disability Services Carleton University
- 2019-2021 Chef, Server, Host, and Instructor for catering and events, Urban Element Culinary Enterprise

Professional Training

- 2022 Worker Health and Safety Awareness Certification
- 2022 Respect and Safety Certification
- 2022 Standard First Aid with CPR-C
- 2019 Safe Food Handler Certification
- 2019 Smart Serve Certification

CONFERENCE PRESENTATIONS

- 2024 Doucet, E., Parsons, K., Rigg, V., Okigbo, C., Spoerel Connelly, A., Jajo-Yacoub, K., **Mah, S.**, & Clinch, C. (2024, June 21-23). *Saving for the Future: How an Online Saving Task for Young Children Compares to In Person Tasks* [Poster presentation]. Canadian Psychological Association, Ottawa, ON, Canada.
- 2023 **Mah, S.** & Lee, V. (2023, April 13). *Caregiver and Child Level Characteristics in Relation to Perceptions of Acceptability: Secret Agent Society Small Group (SAS:SG) Intervention for Autistic Children* [Conference presentation]. 2022-2023 Carleton University Psychology Undergraduate Research Event (PURE) Conference.
- 2022 **Mah, S.** & Lee, V. (2022, April 5). *Secret Agent Society Proof of Concept Community Evaluation* [Conference presentation]. 2021-2022 Internship-Carleton University Research Experience for Undergraduate Students (I-CUREUS) Conference.