# CHRISTEN POTVIN

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## **EDUCATION**

# 2019-2024 Honours Bachelor of Science, Psychology

University of Ottawa, Ottawa, ON

Thesis: The Effect of Gender on the Efficacy of an Expressive Writing Intervention

Course: PSY4276

Supervisor: Dr. Erin Maloney

- Completed a research project investigating the efficacy of an expressive writing (EW) intervention in reducing intrusive thoughts experienced during a math test; special consideration was given to the interaction between participant gender and EW outcomes.
- Designed study materials (e.g., parallel measures) and a testing database using Qualtrics software.
- Collected data from 64 participants via an online survey.
- Cleaned, and analyzed data (i.e., independent samples t-test, repeated measures ANOVA, mediation) using Excel and SPSS software.
- Found that women reported higher frequencies of intrusions at baseline when compared to men, and that math anxiety successfully mediated the relationship between gender and intrusive thoughts.
- Wrote a final paper and presented a poster at the 2024 University of Ottawa Thesis Conference.

Graduated with: Magna Cum Laude

## 2015-2019 High School Diploma

Notre Dame High School, Ottawa, ON

## **LANGUAGES**

**English** (native proficiency)

**French** (professional working proficiency)

# **HONOURS & AWARDS**

**2021-2023 Dean's Honour List,** University of Ottawa

**2021-2023** Merit Scholarship, University of Ottawa, \$2,000/year

# **2019** Admission Scholarship, University of Ottawa, \$4,000

## PROFESSIONAL EXPERIENCE

## 2024- Present Laboratory Manager, Social Sciences

Carleton University, Ottawa, ON

Supervisors: Dr. David Sidhu

- Training undergraduate research assistants for various studies within the lab.
- Coordinating and monitoring data collection (in-person and online).
- Organizing, coding and maintaining data.
- Use of R, Psychopy, Gorilla, Qualtrics for data analysis.
- Proofreading written documents.

# **2024- Present** Laboratory Manager, Social Sciences

University of Ottawa, Ottawa, ON

Supervisors: Dr. Erin Maloney

- Training and coordinating undergraduate research assistants for Cognition & Emotion Lab studies.
- Monitoring and aiding in data collection (in-person and online).

## 2023- 2024 Research Assistant, Social Sciences

University of Ottawa, Ottawa, ON

# Project Title: Parent-child homework help study (PK2)

Supervisors: Dr. Erin Maloney, Fraulein Retanal

- Attending and organizing recruitment events.
- Testing and interviewing adult and child participants.
- Transcription/data entry for participant testing sessions.
- Creating accessible infographics which aid in knowledge mobilization efforts.

## 2021-Present Medical Receptionist

Carlington Community Health Centre, Ottawa, ON

- Working in community-based care, and serving a highly diverse clientele.
- Scheduling appointments, ordering supplies, managing invoices, data entry, copying, etc.
- Using Microsoft Office apps, canva, and PS Suite EMR.

## OTHER RESEARCH EXPERIENCE

## 2023-Present Research Assistant, Social Sciences

University of Ottawa, Ottawa, ON

# Project Title: A review of Canadian law documentation on the sexual arousal of victims during sexual assault

Supervisors: Dr. Martin Lalumière, Mariève Vandervoort

- Conducting a scoping review analyzing Canadian law documents which report victim sexual arousal during sexual assault and its implications for court rulings in the Canadian judicial system.
- Collaborating as a team to develop a novel methodology for conducting scoping reviews in law databases.
- Screening court materials (i.e., court cases, decisions, legislation, etc.) for inclusion.
- We are currently writing the manuscript for this project, which will be submitted for publication in the fall of 2024.

## 2023-Present Research Assistant, Social Sciences

Ontario Tech University, Oshawa, ON

# Project Title: Exploring client experiences of in-person versus virtual cognitive behavioural therapy

Supervisors: Dr. David Rudoler, Julie Vizza

- Using an inductive thematic approach to analyze client/practitioner interviews regarding their experiences with online versus in-person CBT therapy.
- Coding of participant transcripts, and development of preliminary themes.
- This work will yield a publication.

# 2023- Present Research Assistant, Social Sciences

University of Ottawa, Ottawa, ON

# Project Title: Determining how financial anxiety is defined and measured

Supervisors: Dr. Erin Maloney, Andie Storozuk

- Performing an extensive scoping review operationalizing financial anxiety to inform the development of a new financial anxiety scale.
- Utilizing Covidence screening software.
- This work will yield a publication.

## 2023 Research Assistant, Social Sciences

McGill University, Montreal, QC

## Project Title: The impact of sleep on neurodegeneration in patients with AD

Supervisor: Dr. Farooq Kamal

- Conducting an extensive literature review investigating the connection between Alzheimer's disease (AD) and sleep.
- Compiling pertinent articles and extracting relevant results.

## TEACHING EXPERIENCE

#### 2021-2022 Math and Science Tutor

Ottawa Tutoring, Ottawa, ON

 Courses: MPM2D (Principles of Mathematics, Grade 10), MCR3U (Functions, Grade 11, Academic), SBI3U (Biology, Grade 11, Academic), SBI4U (Biology, Grade 12, Academic)

## VOLUNTEERING, ADVOCACY AND LEADERSHIP EXPERIENCE

#### 2023-Present Committee Member

University of Ottawa Psychology Students' Association (PSAÉP), Ottawa, ON

 Planning, organizing, and attending fun social events for psychology undergraduate students.

# 2023-Present Crisis Responder

Kids Help Phone, Ottawa, ON

- Texting teens in crisis to bring them from a hot moment to a cool calm.
- Completing a 36-hour online training course outlining the Kids Help Phone conversation model.

# 2022-2023 Sports Program Support

Ausome Ottawa, Ottawa, ON

• Aiding children with autism spectrum disorder (ASD) to participate in group sporting activities.

# 2022 Peer Support Worker

Assertive Community Treatment Team, Ottawa, ON

Visiting an assigned client receiving mental health services (due to a psychiatric
or neurological condition) from ACTT once a week to provide interaction,
support, and enrichment.

## PROFESSIONAL ASSOCIATION MEMBERSHIPS

## **2024** Associate Member

2024

Canadian Sex Research Forum (CSRF)

#### LICENSES & CERTIFICATIONS

Tri-Council Policy Statement: Ethical Conduct for Research Involving Humans Course on Research Ethics (TCPS 2: CORE)

2024 CPI Nonviolent Crisis Intervention Training

2019 B1 DELF Certification for the French Language

## **CONFERENCE PRESENTATIONS**

## Peer-Reviewed Conference Presentations

Vandervoort, M., Forget, A.A., **Potvin, C.**, Samosh, J., Lalumiere, L. (2024, October). *Mentions of Victim Sexual Arousal in Canadian Sexual Assault Cases: A Scoping Review.* Poster accepted to the Canadian Sex Research Forum (CSRF), Halifax, Nova Scotia, Canada.

Storozuk, A., Gerber, M., Larkin, E., **Potvin, C.**, Wilson, N., & Maloney., E.A. (2024, July). *The Development of a Novel Financial Anxiety Scale*. Poster presented at the Canadian Society for Brain, Behaviour, and Cognitive Science (CSBBCS), Edmonton, Canada.

**Potvin, C.**, Gerber, M., Wales, E., Maloney, E. (2024, June). *The effect of gender on the efficacy of an expressive writing intervention*. Poster presented at the Interdisciplinary Conference in Psychology (ICP), Ottawa, Canada

Vizza, J., Riahi, S., Jackson, O., **Potvin, C.**, Rudoler, D. (2024, June). *Exploring client experiences with in-person and electronic cognitive behavioural therapy (eCBT)*. Talk submitted to the Canadian Collaborative Mental Health Care Conference (CCMHCC), Ottawa, Ontario, Canada.

Storozuk, A., Gerber, M., Larkin, E., **Potvin, C.**, Wilson, N., Maloney, E., (2023, July). *Determining how financial anxiety is defined and measured: A scoping review.* Poster presented at the Canadian Society for Brain, Behaviour and Cognitive Science (CSBBCS), Guelph, Canada

# Other Conference Presentations

**Potvin, C.**, Gerber, M., Wales, E., Maloney, E. (2024, April). *The effect of gender on the efficacy of an expressive writing intervention*. Poster presented at the Carleton Cognitive Science Graduate Conference (CGSC), Ottawa, Canada

**Potvin, C.** (2024, March). *The effect of gender on the efficacy of an expressive writing intervention*. Poster presented at the 2024 University of Ottawa Thesis Conference, Ottawa, ON, Canada

#### **PUBLICATIONS**

# Publications at the manuscript stage

Vandervoort, M., Forget, A.A., **Potvin, C.**, Samosh, J., Lalumiere, L. (2024). *Mentions of Victim Sexual Arousal in Canadian Sexual Assault Cases: A Scoping Review*. Status: Manuscript in progress, to be submitted for publication in Fall of 2024.

Storozuk., A. Gerber, M., Larkin, E., **Potvin, C.**, Wilson, N., & Maloney., E.A. (2024). *The Development of a Novel Financial Anxiety Scale*. Status: Manuscript in progress, to be submitted for publication in Fall of 2024.